

WEST VALLEY JOGGERS & STRIDERS

PAUSATF Club #117

Membership Form

Annual Dues \$20 (indiv)/\$30 (entire family)

Name _____ DOB _____

Name _____ DOB _____

Name _____ DOB _____

Name _____ DOB _____

(Use reverse side for more family members)

Address _____

Phone(s) _____

Email _____

Optional Information

Years running _____ PRs: 5K _____ 10K _____

Half marathon _____ Marathon _____

Weekly mileage _____

Comments (Are you looking for a group to run with? Do you want to compete?, etc.):

Welcome to WVJS

Print form, fill in the blanks, and send a check payable to WVJS to:

Walt Van Zant
1124 Kensington Ave.
Sunnyvale, CA 94087