

This course consists of a 2-mile loop that you run twice. It is a hilly loop on trails which have sand, rocks, and some roots. The first mile of the loop is nearly all uphill while the 2nd mile is nearly all downhill. The start is narrow and you head to a short steep climb after which the trail is mostly gradual uphill. For those that remember the old course you pass the spot where you took a right turn to head up hill and instead run a short downhill before taking a right to head up a longer uphill. This hill starts with a short climb, a small downhill, and then a significantly steep uphill that finishes at the water tanks (same place as the large uphill on the old course finishes). You then head downhill through the redwood forest. There are three or four "speed bumps" (4-8 stride uphill sections) on the way back to the start/finish area. After passing the start line and then the finish line going gradually uphill, you run the loop again. After the first 1/4 mile of this race there is plenty of room to pass. The course is well shaded.

### ROAD DISTANCES

- A - A** Fuel Break/Chinquapin Road  
Pogonip/UCSC to Wilder  
3.25 Miles
- B - B** Fire House Gate  
Fuel Break/Red Hill to Chinquapin Road  
.90 Miles
- C - C** West Road  
North Perimeter Lot to Chinquapin Road  
1.25 Miles
- D - D** Fuel Break Road  
Crown/Merrill Apts. to West Road  
1.75 Miles
- E - E** Chinquapin Road  
to Empire Grade Gate  
1.2 Miles



The creation of unofficial pathways can destroy both natural groundcover and the underlying soil.

### MAP KEY

- Public Access Road/Parking Area
- Unpaved Bike, Pedestrian and Equestrian Roads
- Unpaved Pedestrian Only Roads/Trails – No Bikes or Horses
- Campus Natural Reserve
- Building or Structure
- Gate
- Campus Boundary

2015 UCSC XC Course  
2 mile loop run twice

POGONIP CITY PARK  
Bicycles allowed in Pogonip  
only on designated multi-use trails.

